

Frank Brown Recreation Fitness Center

Fitness Center Rules

1. The use of the fitness center is non-transferable and can only be used by the card holder.
2. Children ages 16-18 years must be accompanied by a parent or legal guardian; anyone under the age of 16 is not allowed membership.
3. Patrons must wipe off equipment after each use.
4. Appropriate athletic wear (mesh shorts, T-shirts, tank tops, warm-ups, sweats, etc.) is recommended. Shirts that fully cover the chest and back must be worn in the facility.
5. Appropriate footwear is required. Sandals or open toe shoes are prohibited.
6. The Fitness Center is designated as a "Cell Phone Free" Zone. Sound equipment, such as iPods, CD players, Cell Phones, etc. are allowed with the use of headphones or ear buds.
7. Food, gum, or tobacco products are prohibited.
8. No open beverages or glass containers. Only closed bottles containing water or sports drinks are allowed.
9. Please limit the use of cardiovascular machines to 30 minutes when others are waiting.
10. Anyone operating equipment in an unsafe manner will be asked to leave. Excessive dropping or slamming weights is prohibited.
11. Patron may be billed for damaged equipment.
12. Please ask the Fitness Center Attendant on duty for assistance on how to use the equipment.
13. Report any damaged equipment, accidents or misconduct to the Fitness Center Attendant or Center staff.
14. All patrons may use day-use lockers, but contents and locks must be removed on a daily basis. Locks will be cut off or lockers opened and contents will be cleared at the end of each day.
15. Frank Brown Recreation Center staff are not responsible for lost or stolen items.
16. Profanity or inappropriate behavior will not be tolerated.
17. Patrons are not allowed to remove weights from any of the Fitness areas.

All rules and regulations pertaining to the use of the facility as established by the City of Auburn Parks and Recreation will be strictly enforced. We reserve the right to deny entry to anyone displaying inappropriate behavior, including belligerence or intoxication. Refusal to follow the policies of the Frank Brown Recreation Center may result in removal from the facility.