

b a b y t i m e

The snow has melted, and Spring is on its way! With Springtime comes opportunities to get outside with your little one and enjoy exploring the great outdoors! As the months grow warmer, we will start introducing more outdoor-oriented topics during our weekly Baby Time program. We will enjoy reading and singing about everything from different types of animals to playgrounds! I hope you will join us! In this edition of *Baby Time*, you can find fun books to check out, our program schedule for March, a couple of new recipes, and ideas to get you and Baby moving! Enjoy!

~Mrs. Stephanie



## Let's Play!

Here is the Bee Hive

Here is the beehive. (Make fist)  
Where are the bees?

**They're hiding away so**  
nobody sees.

**Soon they'll come creeping**  
out of their hive,

One, two, three, four, five.

Buzz-z-z-z-z-z!

(Draw fingers out of fist on each count)

*Finger Frolics: Fingerplays for Young Children*



## Baby's Book Shelf



*Spring Sail*

By Larry Dane Brimmer  
(E BRI: Level 1 Reader)



***The Baby's Lap Book***

By Kay Chorao  
(E CHO)



***Baby's Day***

By Michel Blake  
(E BLA: Board Book)

## Baby Time Schedule for March

March 2: Colors

March 9: Zoo Animals

March 16: Playground

March 23: Spring

March 30: Farm Animals

**Try these recipes for a new twist in Baby's day!**

These and other recipes can be found at <http://www.wholesomebabyfood.com/index.htm>

**Plums with Applesauce (6-8 months)**



**Ingredients:**

- 2 plums
- 1 large apple

**Directions:**

1. Peel, pit, and cut plums into chunks
2. Peel, core, and dice apple
3. Simmer plums & apple together in a saucepan until soft and tender

Mash or puree as needed – add a splash of apple juice if too bitter.

**Blueberries (8-10 months)**



**Ingredients:**

- 1/2 pint of blueberries (fresh or frozen)
- 1/2 c. water

**Directions:**

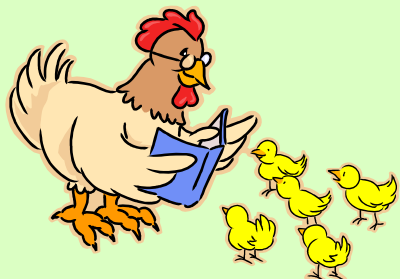
1. Bring water to a boil. Add blueberries and simmer for 15 minutes until soft.
2. Reserve liquid and use a slotted spoon to transfer blueberries to blender/processor/mixer and puree.
3. If needed, add some of the liquid to blueberries. Add cereal (if desired) to thicken up.

*\*You can save the liquid to serve as juice or to blend in with cereals, etc.*

Serve raw and pureed or raw and smashed if preferred.

Check out the information about giving your baby blueberries on this Web page:

<http://www.wholesomebabyfood.com/blueberrybabyfoodrecipes.htm>



**Pick up a book and read with Baby today!**

**Finally, Winter is moving on, so it's** time to get moving with Baby! Even at a very young age, physical exercise and movement are essential to **your baby's development. Try some** of these fun ways to get Baby going!

**Get your groove on!**

**Who doesn't love a good dance party?**

Put on your favorite fast-paced CD, **grab Baby's hands, and let the music** move you! Little one not walking yet? Pick her up in your arms and twirl her around while you dance a jig!

**Made you look!**

Put Baby on his back on a blanket on the floor. Bounce his favorite toys, brightly colored or shiny objects, or objects with sound on the floor on either side of his head or up above his face. Enjoy the look on his face as he realizes something new has come into his field of vision and grabs for it.

**Venture into the great unknown!**

Take your little one exploring. Choose a safe environment—a playroom with new toys or your backyard, for example—and let her check out her surroundings. Watch as she uses her arms and legs to mover herself around and explores new textures with her hands.

**Your Thoughts...**

More editions of *Baby Time* are coming up! What would you like to see in them? I would love to have your suggestions or contributions! Cut out this section, fill in your ideas, and turn it in at the Youth Services Desk. Or, e-mail me at [staunton@auburnalabama.org](mailto:staunton@auburnalabama.org). Thanks!

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_