



**What's a great way to get through the lazy, hazy days of a Southern summer?** A delicious, nutritious snack! Celebrate the joys of healthy eating and have fun with the vocabulary that describes the sounds, shapes, and **colors of your baby's favorite foods.** Here are a few books about eating and snacking, crunching and munching, that you can share with your little one.



### Let's Play!

I am very tall,  
(stand and stretch arms upward)

I am very small.  
(squat and bring arms down)

Tall,  
(stand and stretch arms upward)

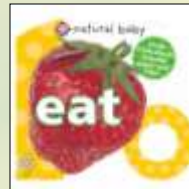
Small.  
(squat and bring arms down)

### Now I'm a little ball!

(wrap arms around knees while squatting)

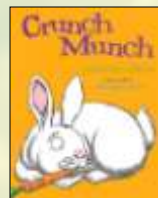
*This song can also be sung sitting down!*

### Baby's Book Shelf



*Eat*

(E EAT)



*Crunch Munch*

By Jonathan London

(E LON)



*Lunch*

By Denise Fleming

(E FLE)

## Baby Time Schedule for August

August 3: ABCs

August 10: Numbers

August 17: no program

August 24: Hats

August 31: Hospitals

## Why Read to Babies?

Want to build a reader from scratch? Try these tips from Dr. Alice Honig:

- Share familiar books over and over. Babies begin to feel a personal pleasure as they recognize pictures in a favorite story.
- Tuck your finger into the next page and ask your little one to turn it – it helps her to feel more engaged in the reading process and also builds fine motor skills.
- Use different voice tones for each character and to point out different types of objects to arouse and sustain **your little one's interest.**

from the article, “**Building a Reader from Scratch,**”  
by Alice Sterling Honig, Ph.D.

*Parent & Child*, June/July 2010

## A Message from Mr. Warren

Hello, everybody! My first month here at the Auburn Public Library has been a **blast. I've really enjoyed meeting all the families** who visit the Youth Services area and attend our programs. Come on in, stay out of the heat, and read a book or two!

Mr. Warren



## Music for Little Ears

Babies love to sing and to be sung to! These two sing-along CDs feature tunes from American tradition and from one of **the most beloved children's television programs** of all time. Give them a listen!



Various Artists

*Putumayo Kids Presents:  
Sing Along with Putumayo*

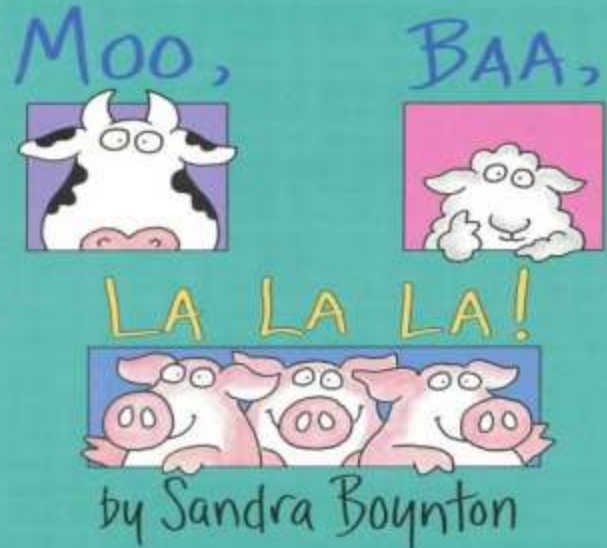
Putumayo World Music



Various Artists

*Sesame Street Platinum  
All-Time Favorites*

Koch Records



More editions of *Baby Time* are coming up! What would you like to see in them? I would love to have your suggestions or contributions! Cut out this section, fill in your ideas, and turn it in at the Youth Services Desk.

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